



“Complete 2008 Powerfully...”

so that 2009 is more than just a repetition of 2008...

1. What did I achieve in 2008?

Write down all the accomplishments you are proud to have achieved in 2008. Look in the following areas: Goals Achieved, Career, Health/Fitness, Relationships, Travel, etc...

2. What did I learn in 2008?

Look back at some of the challenges you faced in 2008 and write down what you learned from them.

3. How will my behavior change in 2009?

From what you learned in 2008, how will your behavior change in 2009?
What will you do differently in 2009?